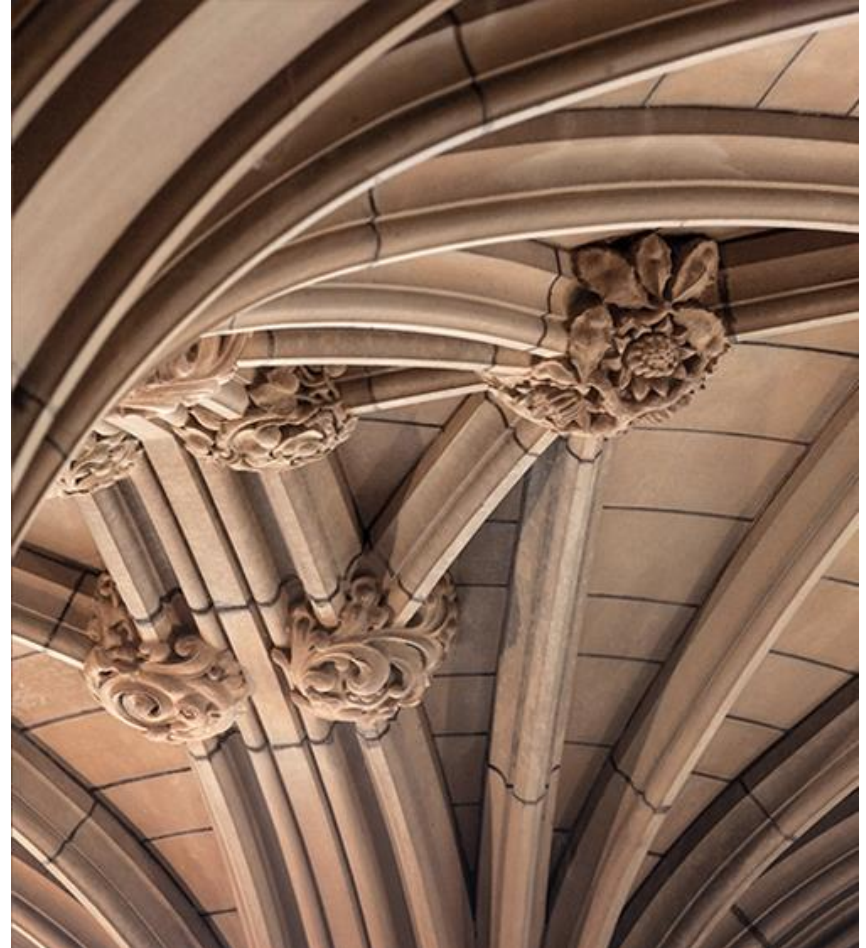


Uncovering solutions for shared doing: collaborative approaches to promote meaningful engagement within residential settings for elders with cognitive losses

Presented by Dr. Sanet du Toit, Faculty of Health Sciences, Discipline of Occupational Therapy, University of Sydney and **Prof. Christine Raber**, Master of Occupational Therapy Program, Shawnee State University.



Acknowledgments



- Participants across sites (staff, residents, volunteers, family members);
- **WUN partners** from University of Sydney, University of Auckland, Australian Catholic University, The University of Western Australia, Shawnee State University, University of Cape Town, University of the Free State and University of Southampton; and
- **Non-WUN Partners** from Shawnee State University, Australian Catholic University, University of the Free State and The Eden Alternative International

involved in the research program titled, ***'Global initiative promoting meaningful engagement of people with advanced dementia ageing in supported living environments'***

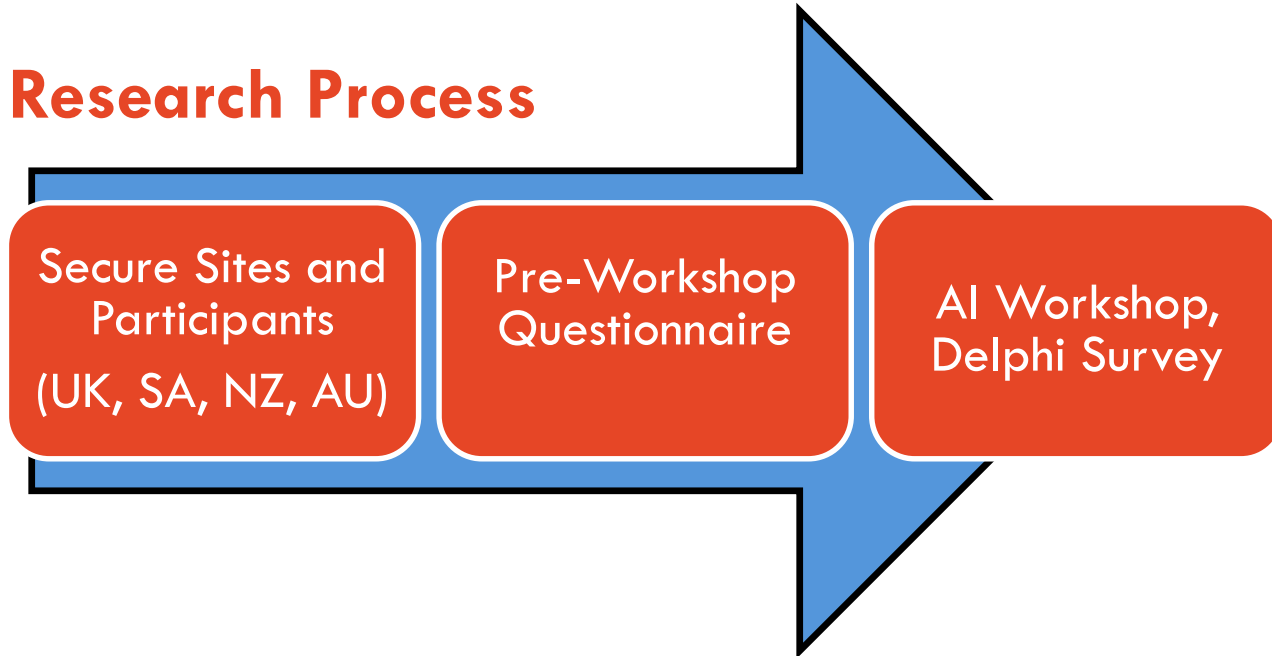
Introduction & Background

- Appreciative Inquiry. Definitions and rationale
- OT & dementia care. Consultant role. Framing strengths
- Limited research addressing perceived strengths of dementia care homes
- Challenges of dementia
 - occupational injustice
 - occupational deprivation
- Importance of co-occupations

Research Aim

Identify best practice scenarios for supporting persons with advanced dementia from *culturally and linguistically diverse backgrounds* living in long- term care facilities.

Research Process



Methods

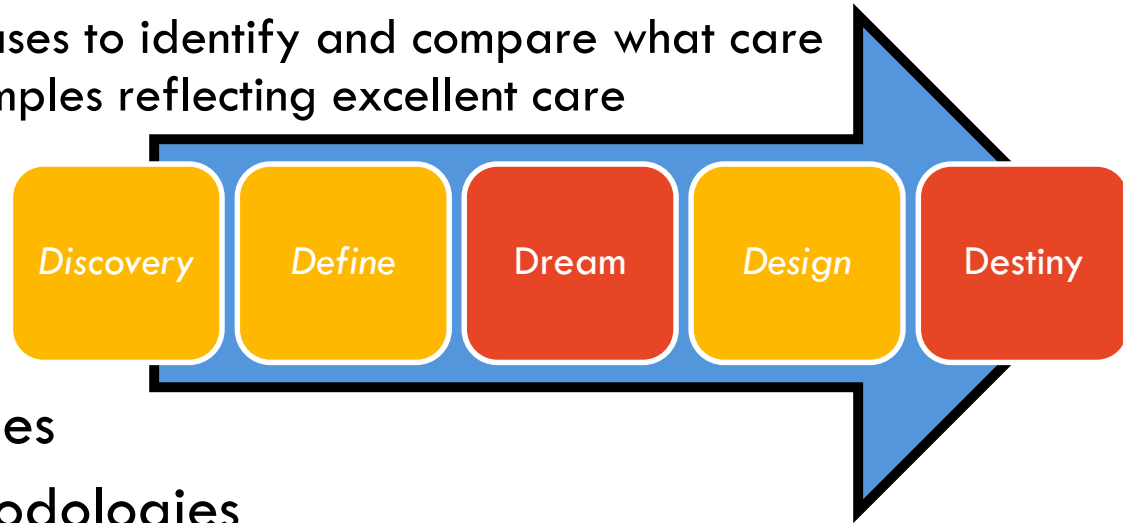
- Four AI workshops

care staff, relatives, volunteers and residents

applied the first two AI phases to identify and compare what care partners perceived as examples reflecting excellent care

Meaning Making

- Nominal group techniques
- Delphi and survey methodologies



Participants and Sites



UK

SA

NZ

AU

Results



- Common themes across the initial sites related to *shared doing*
- *Social events* specifically identified as opportunities that *enabled inclusion*
- *Staff willing to go beyond scope of duty*

	Votes	Ranking
<p>Group 1: Residents</p> <p>Staff taking care to dress residents nicely – honouring the people and the place</p>	Australia	1 st
<p>Group 2: Volunteers and Staff</p> <p>Taking the time to talk and listen to a resident who continues to display emotions about a life event (e.g. a daughter who died as a teenager) and finding a way to reminisce positively and to comfort that resident.</p>	New Zealand	1 st
<p>Enabled doing and belonging - Walking with a resident in the garden, where she became very happy, naming flowers and sharing information about her own family. She was very relaxed and happy.</p>	Australia	2 nd
<p>Investigating why a resident continues to display agitation and resolving the need to be communicated with in his mother tongue – when language barriers are addressed residents becomes comforted and calm.</p>	New Zealand	2 nd
<p>Non-verbal, Chinese, Picture Lady – (previous job): communicate</p>	UK	1 st , 2 nd , 3 rd
<p>Recluse to new quality of life – when a resident was transferred to other part of home he could start ‘afresh’ and was be persuaded to come out of room.</p>	UK	1 st , 2 nd , 3 rd , 4 th
<p>Picture perfect – when maintenance man put pictures up the resident shared memories of being a blacksmith</p>	UK	1 st , 2 nd , 3 rd , 4 th
<p>Marriage in family – included family member who was too frail to attend the wedding - bride come and take photos at the facility</p>	UK	1 st , 2 nd , 3 rd , 4 th
<p>Group 3: Family</p> <p>Enjoying music and singing along creates an appreciation for different cultures – fellow residents joined in a sing-along and dancing when a Hebrew song was played for a Jewish resident.</p>	South Africa	1 st
<p>Family involvement and belonging – opportunities to gather and share memories and past experiences; to made feel being a part of the home and to listen to what is going on.</p>	South Africa	2 nd


Strengths & Dream Statements

Compassion Kindness
Inner strength
Being open + available
LOVE♥ Adventurous

STRENGTHS

- CARING
- COMPASSIONATE
- PATIENCE
- CONSISTENCY + CONSTANT
- VERBALIZE 
- LOVE 
- FAMILY ORIENTATION.
- DEEP BOND OF A PARENT

Faithfulness. • Compassion
Comittment. Valuable information
Loving Caring Giving
Serving Motivator
Listener


Consideration
for others

Dream
Music 
Family

ONE DREAM!
GROWTH.

Discussion

- AI provides a translational design focusing on:
 - shared values and goals
 - optimizing dialogue
 - improving quality of care with various care partners

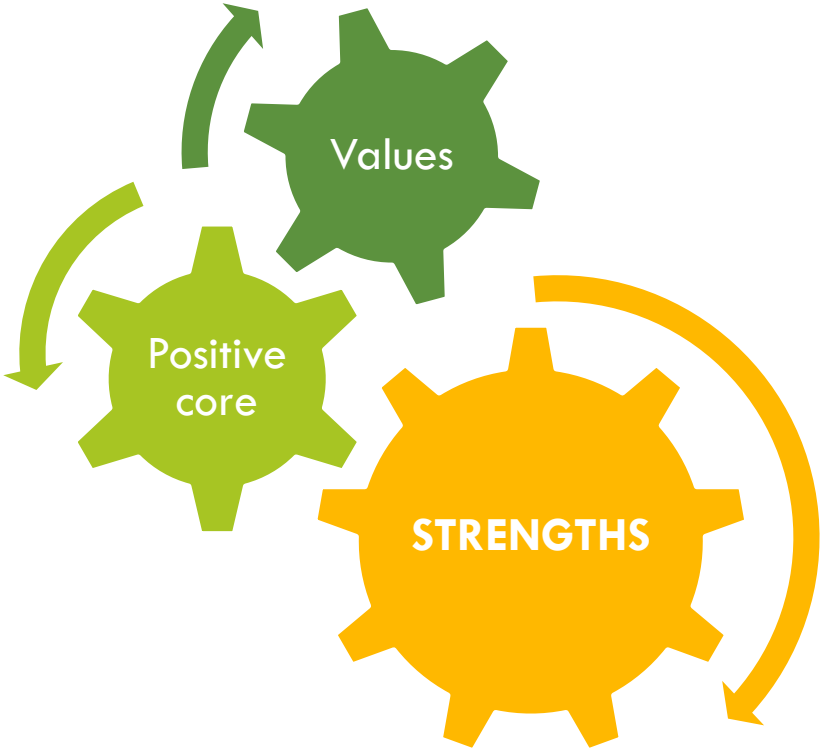
Applications to Practice

- ***The power of appreciation supports:***
 - Care partners in discovering and valuing the power of meaningful engagement
 - Co-constructing occupationally just care practices in their facility

Questions?



Journey of Discovery



Our Perspective

- Status bestowed on one by others.
- The context of relationship and social being.
- Recognition, respect & trust.

Tom Kitwood

- Viewing the elder by entering their world and seeing the situation through the their eyes.
- Taking the elder and his/her problems, ideas and expectations seriously.

CMOP

Appreciative Inquiry: What is it?

An approach to **change** in any human system at any scale

Appreciative Inquiry

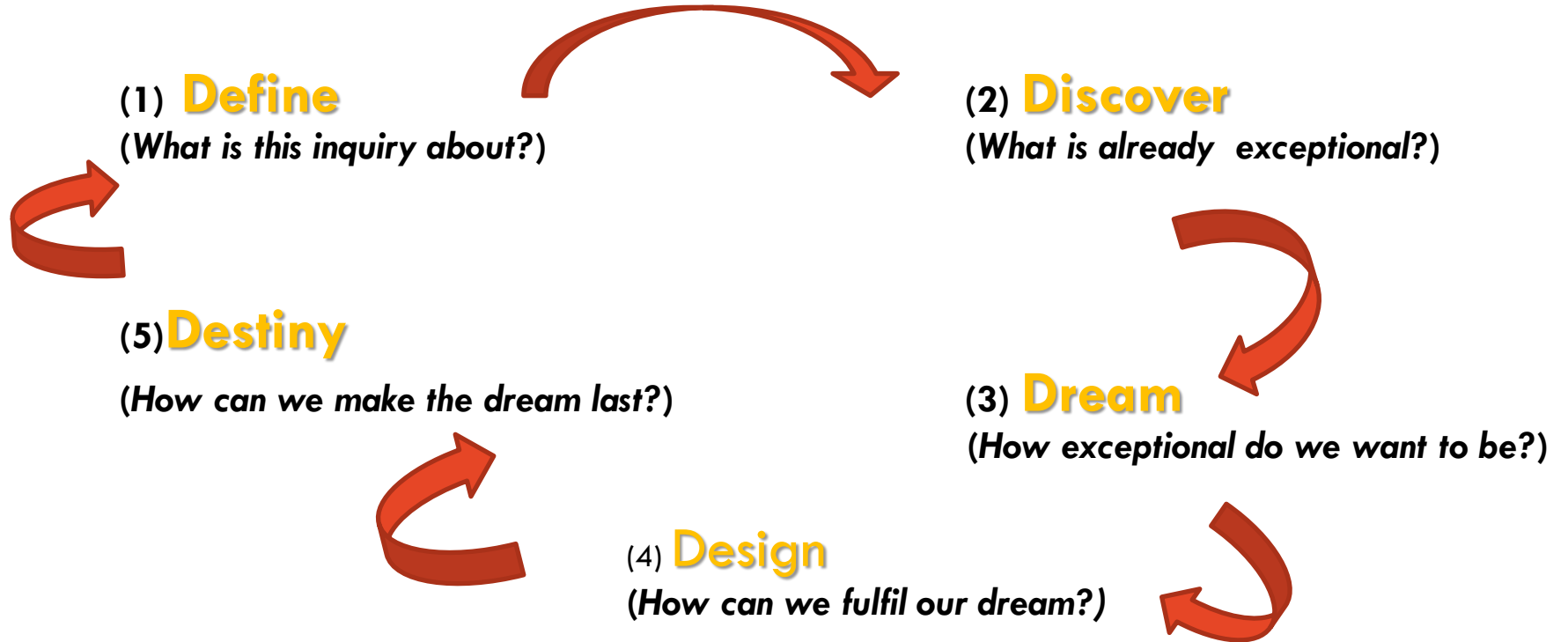


Individuals, groups, organizations



Changed roles, relationships, mission, culture

Appreciative Inquiry: 5-D cycle



Appreciative Inquiry: Theoretical basis

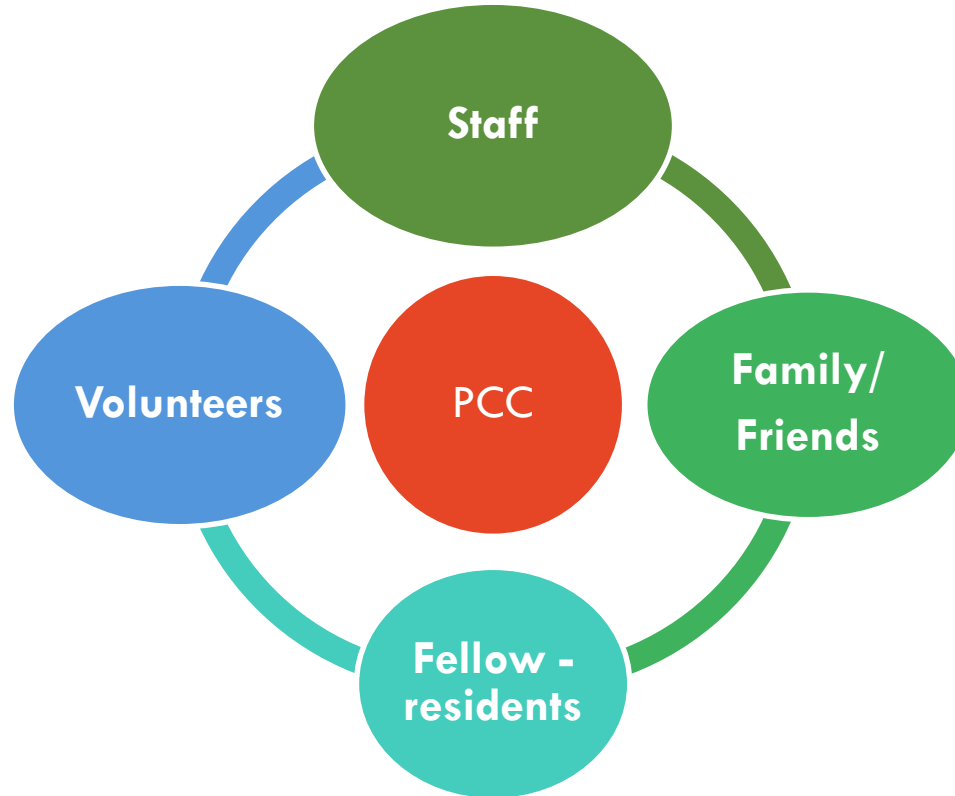
- Our **personal history and culture** shape the way in which we find meaning and the way in which we value the world and ourselves
- If we have a choice, we do those things that we find **meaningful and valuable**
- Meaningful and valuable actions have an impact on **relationships**
- When people **share** what they find meaningful and valuable, new ways of doing may emerge

Practical Session

Discover

Dream

Care Partners' Role



Step 1: DISCOVERY

INTERVIEWS IN PAIRS

- Tell your partner about an experience you have had with an elder, a time you felt that you assisted that person to choose and do something he/she really enjoyed.
- What was it about you, the situation, or someone else present that created the space for this experience to happen?

Step 2: INVITING THE EXTRAORDINARY

- Tell me about a time when you had a challenging situation, involving an elder and how you felt the situation was handled in a positive way. How did those involved do it right?

GROUP ACTIVITY

- Choose a group leader.
- Each group member shares only the best story with the group.
- The group leader records it on the group's flipchart .
- Each group leader gives feedback to the whole group by sharing all the best stories recorded on their flipchart.
- Each group member gets six stickers to vote for the six best stories overall.

GROUP ACTIVITY – Identifying Strengths

- Who am I?
- What do I contribute to the organization?
- What do others see that I can offer to the organization?

POSITIVE THEMES

**My dreams for everyone
living
and
working
at my organization.**

Strength and Dream Chain

Questions?



“To the world you may seem as
one person, but to one person
you could be his/her whole
world.”

- Anonymous -

**Thank you for your
participation!**

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